

# Connor Sweeney

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## EDUCATION

**Wilton High School – Wilton CT – Class of 2023** - College Preparatory Curriculum – Honors – 3.1 GPA  
**Plymouth State University (UNH) – Class of 2027** – Finance, Accounting, CS – Presidents List & Deans List

## EXPERIENCE

**Summer 2024 – Asst. Manager – Lead Raw Bar & Chef - Sesuit Harbor Café, Cape Cod MA**

**Summer 2017-2023**

**Commercial Fishing – Lobster, Sea bass, Weir Fishing - North Atlantic - Wellfleet to Nantucket & Nantucket Sound.**

Captains:

Nantucket Sound Weir Fishing (Kurt Martin) - Orleans MA

Saga Fishing (Ben Bergquist) – Harwich MA

Mi\$\$fortune (Tye Vecchione) – Chatham MA

Routinely worked 10-12 hour days starting at 4:30AM hauling 200+ traps/day, for five weeks/summer; then unloading at fish pier Lobster & Scup/Black Sea Bass. Load 800-1600+ traps, buoys, line and do final haul/Unload in fall to and from ocean, to boat, to trailer, to storage field. Buoy and trap cleaning, power washing, painting & repair work done off season. All with a smile despite very rough conditions and hours.

**Summer 2021-22 – Lead/Clam Oyster Bar, Chatham Fish & Lobster** -Customer facing role, 5-6 nights per week in Cape Cod's busiest seafood restaurant.

**Summer 2016 – Carpenters assistant – Carpentry Unlimited** - Helped with hauling lumber, concrete, splitting wood, digging trenches, painting, cleaning and building rock walls for construction & carpentry company.

**Spring 2016 – Maple syrup farming** – Northfield Vermont – Collected sap using 4 wheeler through mountain land in Northern Vermont for 1+week & weekends - Hauling sap, boiling into syrup, bottling and labeling for sale

## SPORTS/ ACHIEVEMENTS

**2024 Plymouth State Lacrosse – NCAA National Championship – 2nd Round - LEC Champions** – Defense & LSM

**2021-2023 Wilton HS Varsity Lacrosse** – 2021-2023 Seasons - Defense & long stick & short stick middle. Competing against Darien, Staples, Greenwich, New Canaan, Ridgefield, St. Joseph, Cheshire & Fairfield Prep, Fordham Prep and other top teams.

CT State Champions 2022, FCIAC Champions 2023, Nike Team Rank 20<sup>nd</sup> in USA.

**2020-2021 – WHS Junior Varsity Lacrosse** – 2021 Season - Defensive long stick starter competing against Darien, Greenwich, New Canaan, Ridgefield, Staples, and other top teams. Nominated to Varsity for Junior year.

Club lacrosse 20, 21, 22 – Express North Wilton CT Practices while comm. fishing – Coaches Steve Pearsall, Jon Oronzio, 3 years fall/winter club, Lax summer camps Cape cod, 10 Years Competitive Lacrosse

**2023 Varsity Football WHS State Playoffs** – Coach Dexter: DE, Guard/Tackle, 9 yrs football, Incl Freshman & JV WHS

**Varsity HS Ski Racing** – Winter 2020-2021– 5<sup>th</sup> out of 21 on team, 35<sup>th</sup> out of 120+ in Connecticut HS Alpine League.

**Killington Mountain School (KSC)** – 2 years KMS Boost Program and USSA Comp. Slalom/ GS, Mt. Hood summer racing

**Mount Snow Academy** – 2020-22 –Boarding Academy Winter 2021-2, 20 Days - Summer Racing Mt Hood & Fall Camp Hintertux Austria. Academy USSA Winter 2021-2022 Central Vermont – Most competitive league in USA, USSA Points 180 SL, 210 GS, Managed all Equipment & travel, Most Improved U16 Award

**Boy Scouts**, Troop 39 Westport – 3 years active scouting – Eagle Scout Progression

**IDTech & Brain Boost – Java, JS & HTML** - Software Development Programs – 3 years

**Small Business Owner** - Buy, Rebuild & Sell Motorcycles & Automobiles – Self taught Mechanic & Service

**INTERESTS** Software development, websites, databases, networking. Gardening, rebuilding dirt bikes, mountain biking, kayaking, hanging out with great people, being positive and kind, and helping others whenever I can.